

INSTRUCTIONS FOR COVID SAFE LESSONS

COVID is still with us and we are taking it seriously.

Making the right arrangements is very complicated and we have taken great care to put measures in place that will deliver continuous lessons whilst keeping everyone safe.

We can only provide effective lessons for you if you follow these instructions FULLY, so please work with us and follow them to the letter!



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INTRODUCTION

Our aim is that all our clients, parents and teachers remain safe and the best way is **NOT** to attend if you are not 'Covid Safe'. Please go to www.floaters.co.uk and read the full details under the 'Stop Press' tab.

Clients are be asked to submit the '**Declaration**' that they are 'Covid Safe' before being accepted for a class.

In order that we can provide you with continuous and ongoing lessons, we are applying a zero tolerance approach to safety.

The teachers will therefore refuse attendance unless **ALL** the requirements are met, so PLEASE come prepared.

For those who do attend, please observe the following specific instructions.

Being on time is critical, so that we can manage the lessons effectively, avoiding cost rises and in the interests of the pupils.

WOODLANDS MEED: (For full instructions, please check <https://www.floaters.co.uk/covid-protocols/>)

1. One parent only brings pupil or pupils in same 'bubble' or 'family unit'
2. If it is absolutely necessary to bring a sibling, please keep them at your side and observe all the same precautions.
3. Please use toilets at home to avoid use in venues.
4. Observe social distancing and sanitisation measures at all times.
5. Please observe 'One Way' route flow controls on the attached map.
6. Please wait until you are invited by the teacher to come to poolside (WM) or to your teaching station (HPPC).
7. Pupils must come ready in swimming costumes and tracksuits/onsies.
8. Removed tracksuits at pool side at designated 'markers'.
9. Please ensure that your goggles are properly fitted. Teachers cannot assist.
10. At the end of your lesson, pupils to dry off at poolside, put on tracksuit/'onesie' and leave by route shown.
11. Parents may ONLY assist children in changing where necessary
12. Parents needing to spectate are encouraged to do so from outside, observing 'Social Distancing'
13. Face coverings are mandatory for **all** adult non-swimmers in the building.

ADULT & Baby/Toddler lessons:

1. One parent for one child and follow the above instructions.
2. Please bring your own changing mat.
3. Wear masks until in the pool.

We really thank you for your cooperation in these difficult times and we hope that things will be back to 'normal' next term.

Meaning of 'Covid Safe'

You (pupil or parent) will be 'Covid Safe' if, in **the 14 days** prior to the start or at any time during the course of the term:

- You have not had a temperature above 37.5 deg. C
- You have not had a "Dry Cough", "Shortness of Breath" or "Chest Pains"
- You (or anyone in your normal 'family unit') have not tested as Covid positive.
- You have not been in contact with anyone who has tested positive or showing symptoms,
- You have not been abroad OR in any 'risk' environment OR been required to self-isolate or quarantine.
- You have & will comply with all Government guidelines/regulations that have been or are in force.

Please follow this link, download the declaration and either return it with your Booking Form or bring it with you to the 1st lesson. Thank you.

NOTE: Please be aware that you may be refused attendance if you do not submit this declaration, have a high temperature when tested or in the opinion of the teacher/lifeguard, appear unwell.